



## Dr. Hattan's Approved Shoe List

When assessing a shoe for approval, Dr. Hattan takes into account three important things. The EVA/ foam recovery, biomechanical strength and durability. Dr. Hattan will let you know which shoe type and make is best given your use, weight and gait analysis.

<b>Make</b>	<b>Neutral</b>	<b>Stability</b>	<b>Motion Control</b>
<b>Asics</b>	Nimbus	2140 Kayano	Evolution Foundation
<b>Brooks</b>	Defiance Diad Ghost	Adrenaline Infinity Trance	Addiction Beast/mens Ariel/womens
<b>New Balance</b>	1063	769 1224	859
<b>Mizuno</b>	Wave Rider	Nirvana	Alchemy

**Racing Flats:** Asics Speed Star and Brooks Racer ST

**Children's Shoes:** Asics Pegasus and Nimbus

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